

Dr. George James

Biography

Dr. George James is the CEO of [George Talks](#), a communication and consulting company. He is a licensed marriage & family therapist, executive coach, corporate & media consultant, relationship & parenting expert, and mental health ambassador. He has been working in his field for over 20 years. Dr. James is an expert guest on various programs including The TODAY Show, CBS Mornings, CNBC, Nickelodeon, NBC News Daily, NBC News Now, Good Day LA, Good Day Philadelphia, and many others. He is the host of the LEAPCAST podcast, and works extensively with professional athletes, entertainers, executives, and couples on various issues, including career struggles, anxiety, work-life balance, love life, leadership, parenting, depression & communication. He won the 2019 AAMFT Excellence in Media Award, 2018 *FunTimes Magazine* Man of Influence Award, 2017 BMe Genius Award, and was a 2018 and 2019 BMe Vanguard Fellow.

