

Ellen Weber Libby

Biography

As an author, lecturer and psychotherapist with over 35 years of experience, Dr. Ellen Weber Libby has devoted her professional life to fostering the psychological well being of individuals, couples, families and group therapy. She maintains a private practice in Washington, DC, where she has spent over 60,000 hours with clients, applying her expertise in family dynamics. Dr. Libby also supervises therapists and leads professional workshops.

Dr. Libby is the author of the groundbreaking book, *The Favorite Child*, reflecting her belief that family dynamics – as children and as adults – impacts the daily life of all of us. Understanding the roles that we play in our family greatly determines how we mingle with others – on a personal or business level.

Dr. Libby has appeared on CBS *The Early Show*, *Sunrise* (The Australian affiliate of NBC) and *The Daily Buzz*. Among her radio interviews are AARP Prime Time Radio, NPR Leonard Lopate, NPR “Takeaway,” BBC Ecuador “Radio City,” as well as BBC from Ireland and England, Voice of America “Positive Living with Patricia Raskin,” Sirius XM Derek & Romaine, Sirius XM Jay Thomas, WPRR “Morning Brew,” WMET “The Kathryn Zox Show,” 1210 AM Michael Smerconish, Blog Talk Radio “Sins of Omission, and Blog Radio “Reading with Robin.” Dr. Libby writes for The Huffington Post and Psychology Today.

