

Brandon Carter

Biography

Brandon Carter has been a certified personal trainer and nutritionist for over 15 years. He has also served as a fitness model for Nike, Puma, Adidas, Men's Health, and other major brands. He started his following with a flip phone in his house giving workout advice and ended up building a following of over 2 million fans between his YouTube and Facebook pages. His videos have been viewed well over 100,000,000 times. His best-selling book *Ultimate Cuts: The 7 Secrets to Burn Fat Fast as Hell* has nearly 800 reviews on Amazon with a 5-star average rating.